



Introduction to Psychology
Spring 2022
Dr. Georges Chedid

Course Prefix: PSYC101- 06 , 1639
Course Title: Introduction to Psychology
Class Meeting Times: 5:00 PM – 6:15 pm MW
Class Location: B208, Liberal Arts Building
Instructional Modality: Hybrid

Instructor: Georges Chedid, Ph.D.
Email: gchedid@auk.edu.kw
Phone: 2224-8399 Ext. 3231
Office: Student Center, 2nd floor, Counseling Center
Office Hours: Sunday to Thursday from 8am to 4pm [Click here to book a meeting with me](#)

Catalog Course Description

This course provides an overview of the major areas of psychology and the scientific methods utilized in the study of human behavior and mental processes. Topics to be covered include research methods, neuroscience, behavior genetics and evolutionary psychology, sensation and perception, sleep and dreams, language and intelligence, learning, personality, and psychological disorders.

Course Learning Outcomes

1. Describe psychological theories, principles, and concepts relevant to the subfields of psychology listed above
2. Understand and apply basic research methods in the study of human behavior
3. Articulate broad knowledge of classic as well as contemporary research in the subfields of psychology listed above
4. Apply principles of psychology to human history, current events, and daily human experience
5. Assess and evaluate psychological theories, methodologies, and research findings made available through textbooks, professional and lay publications, and the internet

Course Delivery

This is a hybrid class. Students will alternate between online attendance and on-campus attendance according to the calendar posted by the Office of the Registrar. Online attendance will take place via Zoom. The links to the Zoom classes as well as all course materials will be posted on Moodle. To access this, go to the AUK Learning Management System website <https://lms.auk.edu.kw/> and select Introduction to Psychology. Students should regularly check their AUK email and Moodle to receive announcements regarding this course.

Required Textbook and PowerPoint Slides

Psychology (8th Edition) by Hockenbury and Nolan. Worth Publishers.

The textbook is available through the AUK Library and may be accessed using the link on Moodle.

<https://auk.idm.oclc.org/login?url=https://ebookcentral.proquest.com/lib/auk-ebooks/detail.action?docID=6234970>

Students should print the PowerPoint slides posted on Moodle and use this to take notes during the class lectures.

Attendance

In accordance with AUK policy, attendance at class meetings is mandatory except for university excused absences approved in advance by the professor. To be counted as present, students should arrive for class on time and stay for the duration of the class. Students arriving more than ten minutes late will not be permitted to enter the class meetings. Between eight to ten absences from class will result in the reduction of the final grade by one-step of a letter grade (for example, from a 'B' to a 'B-'). Eleven or more absences will result in a failing grade. In the event it is necessary to miss class, students are responsible for obtaining class materials. See the section below on AUK Attendance Policy.

Course Evaluations Examinations

Evaluation Type	Weight
Participation	10%
Review paper	20%
Project	25%
Presentation (date to be determined with each student)	20%
Final Exam (Multiple-choice/ open book)	25%
Total	100%

April 26th is the last day to withdraw from classes with a grade of W.

Review Paper

Students will read an article provided by the professor and write an essay of 2 pages in which they address questions pertaining to the content of the article. The date of submission is Monday, March 9.

Project

Students will write 5 pages on a psychological disorder from the list provided by the professor. In this paper, students must define a psychological disorder, describe its symptoms, review the causes and outline treatments or therapies. The date of submission is Monday, April 11.

Course Calendar

The tentative course calendar is provided below. Students should complete the assigned readings prior to the class meetings. This calendar is likely to change – students are responsible for keeping informed of any changes to the calendar announced on Moodle.

DATE	TOPIC	READINGS
Feb 9 - Feb 14	Course introduction	
Feb 16- Feb 23	What is Psychology? The scientific Method	Chapter 1
Feb 28 – Mar 2	National and Liberation Days, No class	
March 9	Submission of “Review Paper”	
Mar 7 – Mar 16	Consciousness and its variations Cycles of consciousness Dreams and Mental activity during sleep Sleep disorders	Chapter 4
Mar 21- Apr 6	Learning Classical conditioning Operant conditioning Applied Behavior Analysis	Chapter 5
April 11	Submission of “Project”	
Apr 11 – Apr 20	Memory Different types of memory Memory disorders	Chapter 6
Apr 25 – Apr 27	Language and thought	Chapter 7
May 1- May 5	Eid Al-Fitr, No class	
May 9 – May 25	Psychological disorders Presentations	Chapter 14
May 30 – Jun 1	Therapies	Chapter 15
Jun 5 – Jun 8	Final Exam (Open Book- Multiple choice exam)	

AUK Mission Statement

The American University of Kuwait is a liberal arts institution dedicated to teaching, learning, and scholarship. The University offers programs that provide students with the knowledge and skills necessary for lifelong learning and professional success. AUK enriches society by fostering an environment that encourages critical thinking, effective communication, personal growth, service, and leadership.

College Mission Statement

The College of Arts and Sciences (CAS) is committed to cultivating lifelong learning that empowers students to pursue technical competency in professional fields, self-awareness, a sense of civic and moral responsibility, and a breadth of vision in the tradition of liberal arts education. The College offers quality undergraduate programs leading to a bachelor’s degree.

AUK Attendance Policy

Any student who misses more than 15% of class sessions of any course during a semester should expect to fail, unless she/he submits documented evidence to the course instructor of inpatient medical care, death of an immediate family member, academic instructional activities, or national athletic activities.

If excused, students are required to satisfy all coursework due or assigned during their absence as determined by the course instructor. If a student does not submit documented evidence for her/his absence exceeding the limit, it is the student's responsibility to withdraw from the course by the specified deadline, as indicated on the academic calendar. Students who withdraw from a course receive a grade of "W". Students who do not withdraw from a course nor submit supporting documents for excessive absences will receive a grade of "FN" (failure for non-attendance).

AUK Official Grading Scale

Letter Grade	Percentage	University Points
A	94-100	4.0
A-	90-93	3.7
B+	87-89	3.3
B	84-86	3.0
B-	80-83	2.7
C+	77-79	2.3
C	74-76	2.0
C-	70-73	1.7
D+	67-69	1.3
D	64-66	1.0
D-	60-63	0.7
F	0-59	0.0

Code of Academic Honesty and Integrity

Upon admission to the American University of Kuwait, students agree to act responsibly in all areas of academic, personal and social conduct and to take full responsibility for their individual and collective action. Such regulations are found in the American University of Kuwait Catalogue, Student Handbook, and the AUK website at www.auk.edu.kw. Any question of interpretation regarding the code of academic honesty and Integrity shall be reported to the appropriate academic dean. The Code shall be reviewed annually at the discretion of the academic deans. Any student or student organization found to have committed the cited violations or misconduct, either on or off campus, is subject to the disciplinary sanctions outlined in adjudication procedures.

Academic Support

Learning Support Services focuses on empowering students to become independent and successful learners by developing their literacy skills, enhancing their understanding, and helping them improve their academic and study skills. Learning Support Services is comprised of two centers: the Tutoring Center and the Writing Center. The Tutoring Center provides free academic support in various subjects to AUK student. Email: tutoringcenter@auk.edu.kw.

The Writing Center provides multilingual support (English, Arabic, French, and Spanish) through individual or small-group consultations. Email: writingcenter@auk.edu.kw

Disability Accommodations

AUK provides equal and inclusive educational environment in order to enable all students to meet and perform requisite academic standards and to participate in the opportunities and activities of its community. If you believe you can benefit from accommodations for a learning, physical, or mental

health disability, [click here to book a session through the Counseling Center/Disability Services Booking Page](#), to ask about disability services at AUK, initiate an accommodation plan, or receive disability services. You can also email counseling@auk.edu.kw if you need assistance in booking a session.

Course Policies/Student Responsibilities

Students are expected to adhere to the AUK Honor Code. Cheating, plagiarism, and other forms of academic dishonesty will result in failure on exams or assignments.

Students should arrive at online classes on time and are not permitted to leave and reenter the class. Students arriving late or leaving class early will be marked absent. Students disrupting class will not be permitted to attend.

Late and Missing Work Policy

Contact the instructor immediately in the event of an emergency resulting in late or missing work. Late or missing work will only be accepted in the case of a documented emergency.

Communication Policy

Students may contact the professor anytime via email, or otherwise speak to the professor after class or during office hours.

Technology Issues

Many of the assignments in the class must be submitted through Moodle. In the event students experience difficulties submitting an assignment due to technology or internet issues, contact the professor immediately via email.

Syllabus Changes!

Given the uncertain circumstances in which we find ourselves, the professor reserves the right to modify the syllabus. If this occurs, students will be notified during class, and an announcement will be posted on Moodle.