

# *Introduction to Psychology*

## *Fall 2019*

### **PSYC101**

Section 01 (8206)  
12:30PM – 1:45PM MW  
Sciences Building A203

### **Instructor**

James L. Rose, Ph.D.  
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Office Hours: Monday 2:00PM – 3:00PM  
Tuesday 10:00AM – 2:00PM  
Wednesday 2:00PM – 3:00PM

### **Course Description**

This course provides an overview of the major areas of psychology and the scientific methods utilized in the study of human behavior and mental processes. Topics to be covered include: research methods, neuroscience, behavior genetics and evolutionary psychology, sensation and perception, sleep and dreams, learning, emotion, personality, and psychological disorders.

### **Learning Outcomes**

Describe psychological theories, principles, and concepts relevant to the subfields of psychology listed above

Understand and apply basic research methods in the study of human behavior

Articulate broad knowledge of classic as well as contemporary research in the subfields of psychology listed above

Apply principles of psychology to human history, current events, and daily human experience

Assess and evaluate psychological theories, methodologies, and research findings made available through textbooks, newspapers, professional and lay periodicals, and the internet

### **Required Textbook and PowerPoint Packet**

Psychology (8<sup>th</sup> Edition) by Hockenbury and Nolan. Worth Publishers.

PowerPoint Packet for Introduction to Psychology. Available on Moodle.

### **Course Materials**

The PowerPoint Packet, syllabus, exam review sheets, student grades, announcements, and other materials for this course will be posted on Moodle (<https://lms.auk.edu.kw>).

### **Attendance**

In accordance with AUK policy, class attendance is mandatory with the exception of university excused absences approved in advance by the professor. As such, eight or more absences from class will result in the reduction of the final grade by a letter grade (for example, from a 'B' to a 'C'). In the event it is necessary to miss class, students are responsible for obtaining class materials.

### **Examinations**

This course includes four examinations (there is no comprehensive final exam). All exams will consist of multiple-choice questions, and will cover material from the readings, lectures, and videos.

All exams must be taken at the scheduled time. Exceptions due to emergencies will be considered only if the instructor is notified before the scheduled exam time.

### Review Paper

Students will select and read an article from a list provided by the professor and write a short paper in which they address questions pertaining to the content of the article. Handouts to be distributed in class describe this assignment in detail.

### In-Class Projects

Throughout the semester, students will complete a variety of in-class projects that demonstrate concepts from the course. The dates for the in-class projects will not be announced in advance. There will be a deduction of two points for each missed project.

### Grades

Exams are worth a total of one hundred sixty points, the review paper is worth ten points, and the in-class projects are worth a total of twenty points. The final grade is the sum of the scores for the exams, review paper, and in-class projects. Letter grades are assigned as follows:

<u>Requirement</u>	<u>Points</u>	<u>Total Points</u>	<u>Final Grade</u>
Exams (4)	160 (@ 40 points each)	178-190	A
Review Paper	10	171-177	A-
<u>In-Class Projects</u>	<u>20</u>	165-170	B+
Total Points	190	159-164	B
		152-158	B-
		146-151	C+
		140-145	C
		133-139	C-
		127-132	D+
		121-126	D
		114-120	D-
		0-113	F

November 7<sup>th</sup> is the last day to withdraw from classes with a grade of W.

### Course Calendar

The tentative course calendar is provided below. All assigned readings should be completed prior to class. This calendar is likely to change – students are responsible for keeping informed of any changes to the calendar announced in class, on Moodle, or via email.

<u>Date</u>	<u>Topic</u>	<u>Readings</u>
Sept 2	<b>Course Introduction</b>	
Sept 4 – Sept 11	<b>Research Methods</b>	<b>Chapter 1</b> Skip: Psychology's Origins, pp. 3-6 Skip: p. 12
Sept 16 – Sept 25	<b>Neuroscience</b>	<b>Chapter 2</b> Skip: The Nervous System, pp. 49-55 Skip: Focus on Neuroscience Box, pp. 56-57 Skip: pp. 66-75
Sept 30	<b>Exam 1 (Chaps 1, 2, and lectures/videos)</b>	
Oct 2 – Oct 7	<b>Behavior Genetics</b>	<b>Readings To Be Provided</b>
Oct 9 – Oct 16	<b>Sensation and Perception</b>	<b>Chapter 3</b> Read Only: pp. 78-86 Read Only: Hearing, pp. 92-95 Read Only: Perception, pp. 102-109

<b><u>Date</u></b>	<b><u>Topic</u></b>	<b><u>Readings</u></b>
Oct 21 – Oct 23	<b>Sleep and Dreams</b>	<b>Chapter 4</b> Read Only: Cycles of Conscious, pp. 127-138
Oct 28	<b>Exam 2 (Behavior Genetics, Chaps 3, 4, and lectures/videos)</b>	
Oct 30 – Nov 6	<b>Learning</b>	<b>Chapter 5</b> Skip: Higher-Order Conditioning, p. 168 Skip: Extinction and Spontaneous, p. 168 Skip: Focus on Neuroscience Box, p. 180 Skip: pp. 184-202
Nov 11 – Nov 13	<b>Language and Intelligence</b>	<b>Chapter 7</b> Read Only: pp. 263-278 Skip: Critical Thinking Box, pp. 264-265
Nov 18	<b>Exam 3 (Chaps 5, 7, and lectures/videos)</b>	
Nov 20 – Nov 25	<b>Emotion</b>	<b>Chapter 8</b> Read Only: pp. 304-317
Nov 27 – Dec 2	<b>Personality</b>	<b>Chapter 11</b> Skip: pp. 420-438
Dec 4 – Dec 11	<b>Psychological Disorders</b>	<b>Chapter 14</b> Skip: Table 14.1, Table 14.2 Skip: Panic Attacks and Disorders, pp. 530-531 Skip: pp. 545-557 Skip: Focus on Neuroscience Box, p. 563
<b>Exam 4 (Chaps 8, 11, 14, and lectures/videos)</b>		
<b>Date and Time to be Announced</b>		

### **Disability Accommodations**

If you believe that you need accommodations for a disability, please contact Dr. Huda Shaaban (hshaaban@auk.edu.kw) in the Student Counseling Center to arrange an appointment to discuss your needs. Because all disability-related accommodations require registration with the Student Counseling Center and are not applied retroactively, you should contact Dr. Huda Shaaban as soon as possible.

### **AUK Mission Statement**

The American University of Kuwait is a liberal arts institution based on the American model of higher education. It is dedicated to providing students with knowledge, self-awareness, and personal growth experiences that can enhance critical thinking, effective communication, and respect for diversity. AUK seeks to create leaders and lifelong learners who aspire to the highest standards of moral and ethical responsibility in their societies.

### **Academic Integrity and Classroom Etiquette**

Students are expected to adhere to the AUK Honor Code. Cheating, plagiarism, and other forms of academic dishonesty will result in failure on the exams or assignments.

Students using mobile phones and other electronic devices will be marked absent and will not be permitted to attend class. Students are not permitted to arrive late to class, nor are they permitted to leave and reenter class. Students arriving late or leaving class early will be marked absent. Students disrupting class will not be permitted to attend.

### **Definition of Plagiarism**

The term “plagiarism” includes, but is not limited to, an attempt of an individual to claim the work of another as the product of his/her own thoughts, regardless of whether that work has been published. Plagiarism includes, but is not limited to, quoting improperly or paraphrasing text or other written materials without proper citation on an exam, term paper, homework, or other written material submitted to an instructor as one’s own work. Plagiarism also includes handing in a paper to an instructor that was purchased from a term paper service or downloaded from the internet.