

What's On

h o r o s c o p e

By Jacqueline Bigar

Happy birthday for Thursday, June 1, 2017: This year you might say something but then act in an inconsistent manner. Others are often confused when relating to you. The mixed messages coming from you could be the source of a problem. If you are single, after September you might meet someone who knocks your socks off. Be willing to open up with this person. If you are attached, your sweetie might not know which voice of yours to listen to at times. Open up a conversation. VIRGO is intrigued by your devil-may-care attitude.

The Stars Show the Kind of Day You'll Have: 5-Dynamic; 4-Positive; 3-Average; 2-So-so; 1-Difficult

Capricorn - (Dec 22 - Jan 19)

**** Reach out to someone who often gives you good advice and offers a unique perspective. Your sixth sense comes through at odd

times. You seem to know who is calling before the phone even rings. Start documenting your psychic abilities. Tonight: Make fun weekend plans.

Aquarius - (Jan 20 - Feb 18)

**** You might be in a position where you would like to head in a certain direction but the other party involved wants to stop you in your tracks. Try to talk this person into looking at the matter from your perspective. Tonight: Make plans to visit with a special loved one.

Pisces - (Feb 19 - Mar 20)

**** You might be quite idealistic in your views and goals; an associate is nearly the opposite. You could disagree with this person, but note that you both want the same results from the situation. Perhaps you can try each of your suggestions. Tonight: Go with the flow.

Aries - (Mar 21 - Apr 19)

**** You could feel as if you are running around in circles trying to handle different issues. Take an overview in order to see what is going on and what needs tending immediately. Confirm important requests and/or demands. Tonight: You can say "no" to someone's manipulation.

Taurus - (Apr 20 - May 20)

**** Your creativity emerges when an associate decides to rain on your parade. You might want to separate yourself from this person. You need to accomplish what you want. A friend who can be flaky at times adds his or her unique energy to your plans. Tonight: Fun and games!

Gemini - (May 21 - June 20)

**** You might feel pressured by a family member. You have a desire to accomplish an important goal and impress a higher-up. If you slow down the pace, exhaustion could occur or perhaps a desire to lighten up the moment will take over. Tonight: Home is where your heart is.

Cancer - (June 21 - July 22)

**** Confusion seems to surround communication. A misunderstanding between you and someone else is likely to develop. Do not allow this to happen in the future. Learn to confirm key details and facts with this person. Tonight: Head to a favorite haunt with favorite people.

Leo - (July 23 - Aug 22)

*** Observe your financial inclinations, and be willing to say "no." A friend or loved one knows how to move you into the realm of indulgence with ease. Try to resist being coaxed into saying "yes" and creating more

pressure for you in your life. Tonight: Let someone else treat.

Virgo - (Aug 23 - Sept 22):

**** Someone close to you could be unduly negative. Trust this person to change his or her mood when he or she is ready, and not a minute sooner. Understand your responsibility when dealing with someone who isn't being realistic. Tonight: Avoid a controlling friend.

Libra - (Sept 23 - Oct 22)

*** A lot is going on around you, and you can sense the energy. Finding out what is going on behind the scenes might be more challenging than you originally had thought. Be aware of others' moods. Know that time is on your side. Tonight: Get as much R and R as possible.

Scorpio - (Oct 23 - Nov 21)

**** Listen to what is happening with some friends or associates. Those around you seem to be very straightforward and direct right now. A loved one could be rather obtuse at best. Ask questions, if need be. Enjoy some downtime with a partner. Tonight: Where your friends are.

Sagittarius - (Nov 22 - Dec 21)

**** Honor an authority figure's request. You might notice an element of chaos that surrounds you on the personal and/or domestic front. Juggling the different factors involved could prove somewhat challenging. Avoid having a knee-jerk reaction. Tonight: Could go till the wee hours.

Born today: Comedian Amy Schumer (1981), actress Marilyn Monroe (1926), actor Morgan Freeman (1937)

home decor



keep colors light and soft

Pastel furnishings, white walls, and a light neutral area rug make this living room feel lighter and brighter and therefore larger. The chair offers comfortable seating, but exposed legs, they consume less visual space than a club chair would.

indoor gardening



cyclamen

Cyclamen "an absolutely dead-dead gorgeous plant, both in foliage and flowers." While this plant can be finicky, its big, bright blooms pop up in the dead of winter, making a little extra effort truly worthwhile.

Even though it looks tropical, cyclamen prefer cool temperatures and indirect light.

A north-facing windowsill that stays around 50° to 60° degrees Fahrenheit is also suitable. "It's a heavy drinker," says Moore, so keep the soil moist (but not wet) and check often.

beauty tips



walnuts

These are the only type of nut that have a significant amount of omega-3 fatty acids. They're also rich in biotin and vitamin E, which helps protect your cells from DNA damage. Since your hair rarely gets much shielding from the sun, this is especially great. Too little biotin can lead to hair loss. Walnuts also have copper, a mineral that helps keep your natural hair color rich and lustrous

taste buds



onion rings

Ingredients: Several large onions; 1 cup all-purpose flour; 1 teaspoon salt; 1-1/2 teaspoons baking powder; 1 egg, separated; 3/4 cup milk; 1 tablespoon vegetable oil; Peanut oil.

Method: Slice onions into rings. In 1 bowl, mix together flour, salt and baking powder. In another bowl, beat egg yolk, then stir in milk and vegetable oil. Combine wet and dry ingredients, stir until smooth. In a third bowl, beat egg white until soft peaks form, then fold into egg-flour mixture, stirring until smooth. Dip onion rings into batter and deep fry.

Dear Abby

Man doesn't share wife dreams of seeing world

By Abigail Van Buren

Dear Abby: I'll be retiring next year. My husband is already retired. When I do, I want to travel in the U.S. and internationally. We are healthy, able to travel and we have the funds to do it.

The problem is, my husband isn't crazy about traveling. He'll go if I book it, but he fusses the whole time until we go. It's not like he has to do anything. I do all the booking and packing. All he has to do is show up.

I told him one of my bucket list items was to live in Mexico for a month. Because I hate cold weather, I want to live somewhere warm.

Can you give me some advice on this matter? Help me change his mind about seeing the world before we are no longer able to. Or do you think I need to find a travel companion?

— Bucket list in Virginia

Dear B.L.: You may need to do exactly that, and the way to change your husband's mind about travel might be to say it. Not everyone has wanderlust. If he's a confirmed homebody who regards travel as a punishment instead of a privilege, you should not have to suffer for it.

Dear Abby: My doctor prescribed medication to control my migraines, but I have to take the pills four times a day — at breakfast, lunch, dinner and bedtime. Although I'm not ashamed, I don't want to have to explain why I am taking the medication because I'm afraid there may be a stigma attached to it. I don't know what to do. If I try to vary the times, I end up forgetting to take a pill. What should I do?

— Prescribed in San Antonio

Dear prescribed: Take the medication on time as instructed by your physician. If you need a reminder, program it into your cellphone. There's no more stigma attached to taking medication to prevent headaches than there is in taking it for any other medical reason. If you prefer not to be questioned about it, excuse yourself and do it in the restroom.

Dear Abby: Hi. I have a problem. My best friend is moving away to a different state this summer. School is ending soon. She is my only friend, and I'm currently dating her brother. He's the only boy I like, and she is my only friend. I don't know what to do.

I'll be in ninth grade in a couple of months, which means I'll have to start high school without a best friend or a boyfriend. What should I do? I'll be all alone.

— Savannah in Colorado

Dear Savannah: Not quite! A lot of changes occur when students leave the lower grades and start high school. Even established friendships can change. When school begins, many of your classmates will be in exactly the same position as you. If you are friendly, I'm sure you'll find others who will be open to being friendly to you.

Dear Abby is written by Abigail Van Buren, also known as Jeanne Phillips, and was founded by her mother, Pauline Phillips. Contact Dear Abby at www.DearAbby.com or P.O. Box 69440, Los Angeles, CA 90069.

(Source: Universal Uclick)



Photos from the event.

IMA Kuwait organizes Welcome Ramadan events

Under the patronage of Ministry of Awqaf and Islamic Affairs and Masjid Al-Kabir, Indian Muslim Association (IMA) English Unit in coordination with IMA Salmiya unit organized a public event in English on Welcome Ramadan on May 19 at Masjid Al-Muzaini, Salmiya.

Guest Speaker Muhammed Naqwi, Katheeb and TV presenter spoke on the Subject "Ramadan and Taqwa", quoting from Quranic verse, he said that purpose of fasting is to attain Taqwa (Piety).

Another speaker of the day Sharafuddin Soofi, a well known speaker spoke on the

topic "Muslim Personal Law and modern challenges".

Event was well managed by members of Salmiya Unit. Event started with the Quranic recitation and translation in English by Master Faiz Zafar Khazi, Bashir Khan convened the event while event was concluded with vote of thanks by Fahim Ahmed. Dinner packets were served at the end of the event.

IMA also conducted similar programs in Abbasiya, Abu Halifa and City units to welcome Ramadan where different scholars were invited to address the gathering.

what's on today

emergency number 112

Civil ID info: 1889988

Site for checking travel ban www.kuwaitcourts.gov.kw/mojweb/NGeneral/Main.jsp

THURSDAY

AUK Graphic Design Capstone Exhibition: The American University of Kuwait (AUK) cordially invites you to visit the 10th Annual Graphic Design 2017 Capstone Exhibition taking place from May 22 until June 1 at the Promenade Culture Centre' located at The Promenade Mall, 3rd Ring Road, Opposite Qadisiya.

The exhibition will be open according to the following schedule:

■ May 27-June 1; 9-11 pm

The AUK Graphic Design Capstone represents an opportunity for senior students to fully incorporate their design strengths and learning into a focused, extended process of research and visual expression. The diversity of projects and resolutions are wide-ranging, from social activism campaigns to corporate identity rebranding and entrepreneurship.

Blue Nights at Sultan Gallery: DEAN PROJECT is pleased to announce the opening of its next exhibition, Blue Nights, which features the work of eleven contemporary artists. Curated by Mark Dean, this group show of contemporary pop art is a continuation of the Miami-based gallery's biannual collaboration with the historical Sultan Gallery in Kuwait. It will be on view from May 16 to June 15, 2017.

The exhibition's title takes its name from Joan Didion's memoir, Blue Nights, originally published in 2011. Much like Didion — a writer known for exploring the cultural values and experiences of American life — the works in this group show comment on contemporary pop culture and the current global mood. Visually, all the works in Blue Nights contain or are the color blue. Similar to Didion's titular reference to the final lingering hours of daylight in summer, the blues used in the show warn of darkness, though simultaneously seem to suggest that it may never come. Figurative and abstract, the exhibited works are executed in diverse media, yet cohesively come together to

speaking about the universal contemporary human experience and to export these ideas from the United States to Kuwait.

DEAN PROJECT's first exhibition in Kuwait was ten years ago, and for the gallery, this project marks the passage of time and an anniversary. Blue Nights brings together diverse artists working across disciplines to address contemporary issues of our existence and to share these experiences with a broader, more global audience.

Artists featured in the show: Lluís Barba, Vincent Beaurin, Tim Berg & Rebekah Myers, Carlos Betancourt, Mel Bochner, Max Steven Grossman, Brad Howe, Hendrik Kerstens, Robert Polidori, Hunt Slonem, and Donald Sultan.

Experience Science for Adults: Registration is now open for Experience Science for Adults.

Why should kids have all the fun?! The five week programme will be held on Saturday from 10:00 am-11:30 am at the Yarmouk Cultural Centre.

Registration is limited to 16. You may register at either the American Cultural Centre, Sunday to Thursday 10:00-3:00 or the Yarmouk Cultural Centre, Sunday to Thursday 10:00-6:00.

For more information, please email: education@darmuseum.org.kw

Ramadan Sports Mania 2017: Don Bosco Oratory Kuwait is once again pleased to announce its Ramadan Sports Mania for the Indian Community in Kuwait.

The event will conclude the following indoor sports: 4-a-side rink football tournament (men's and ladies); 3-a-side rink tie breaker tournament; 7-a-side men's, ladies and mixed box cricket tournament; open carrom (single/doubles) tournament.

The tournaments will be played on a league cum knockout basis during the Holy month of Ramadan at the IEAS Quadrangle (Don Bosco) in Salmiya.

For registration and more information:

Contact 60477786.

TIES Center classes: TIES Center is conducting a series of classes about some of the Prophets and Messengers of God who strove very hard to spread monotheism and teach their respective peoples how to worship God. Their message was not only spiritual; they also taught people how to conduct their daily lives and develop the living conditions on earth.

In this series, we will focus on the following prophets: Adam, Nuh (Noah), Ibrahim (Abraham), Ayoub (Job), Yousuf (Joseph), Mousa (Moses), and Eisa (Jesus) — may peace, mercy and blessings of Allah (to Whom all might and majesty is ascribed) be upon them all.

We will not only focus on historical facts, but will also deduce some important lessons whose application in our daily interactions and chores determine our success and salvation.

Join us every Thursday at 7 pm to learn about the life and times of those messengers of firm resolve.

The TIES Center is the social and educational hub for English Speaking Muslims in Kuwait. For more information, please call 25231015 or e-mail info@tiescenter.net or visit www.tiescenter.net.

FRIDAY

FBC tournament: Filipino Badminton Committee (FBC) is inviting all badminton enthusiasts in Kuwait to join their regular badminton tournament being held every Friday from 8 am to 7 pm at Kuwait Disabled Sports Club, Bin Khaldoun Hawaii. Over 10 badminton courts are now available for badminton practices and tournament and it is open for all nationalities and from different badminton organizations. Exclusive-private court are also available on per hour rental. For more information, please contact Dr Chie Umandap — 97197268

For registration and more information:

Arnis/Esikrima training: Eskrimador-Kuwait a member of Cacoy Doce Pares World Federation now opens a new batch of training. Learn the Philippine national sports, which is Arnis/Esikrima with the authentic style and techniques. Training schedule will be every Friday from 11:00 am to 1:00 pm @ Kaifan Sports Complex-Karate Gym. Text or call #50292148-Hermis.

Free IFRA coaching classes: Indian Football Referees Association (IFRA) will be starting free refresher/coaching classes for existing referees, new recruits, those aspiring to be referees and even those who would like to learn about the laws of the game at IEAS — Salmiya (Don Bosco).

Classes will be from 9:00 am to 12:00 pm every Friday.

Those interested may call 99519439 or get in touch with any IFRA member for registration.

IPC Arabic Course: IPC Rawdah Ladies Section will commence the Arabic Conversation Course. The students must have successfully completed at least 3 levels of Arabic. Placement test will be taken by those who took Arabic class outside IPC.

Class is every Friday from 9-11 am. IPC Rawdah-22512257

Tagalog Khutba for Filipinos: The Ministry of Awqaf, Islam Presentation Committee, & Kuwait Philippine Cultural Center (KPC Center) invites all Filipino Muslim & Muslima to hear Khutba (Sermon) in Tagalog every Friday at Marzouq Al-Badr Mosque, Abu Bakr Al-Siddeeq St (at the back of Ambassador Supermarket and SM Supermarket, near Salmiya Police Station & Kuwait Airways Bldg) in Kuwait City. There will be a community started and lunch after Friday prayers at KPC Center in Farwaniya. For further information, please call KPC Center, Tel 4712574.